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LASER AFTERCARE INSTRUCTIONS

Use **TRPRO+ gel** (purchased from our clinic) to obtain the best post laser appearance

Post laser appearance and sensation:

- The are may be pink and mildly swollen for up to 48hrs
- There may be tenderness and a slightly tinging/hot sensation for up to 12 hours – this is normal (seek advice if longer than this)
- Certain laser procedures may make the lesions treated appear darker and crusty – this is normal if you have had a lesion removed or had pigmentation treated
- After FRAX laser the skin might feel rough to the touch – this is normal and will settle within a few days

You can shower the day of the laser but should avoid the applying the following type products :

- Anti ageing face creams, serums and toners, retinols or similar
- Exfoliants/scrubs

Use a bland moisturiser only for 7 days post laser

Sun exposure:

Sun exposure to the area should be kept to a minimum for the first 48hrs and SPF 50 applied.

Pain:

It is normal to have a small amount of pain for up to 24 hrs after the operation. Paracetamol should be able to be control this normal/expected pain.

If the wound becomes increasingly painful, please contact us immediately as this is often the first sign of infection.